

Seventh Grade

The Sign of the Cross

In the Name of the Father, and of the Son and of the Holy Spirit. Amen.

Guardian Angel Prayer

Angel of God, My Guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

Grace before Meals

Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty, through Christ our Lord. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil. Amen.

Hail Mary

Hail Mary full of grace, the Lord is with thee, blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

Grace after Meals

We give Thee thanks, Almighty God, for all thy benefits, Who lives and reigns, world without end. Amen.

Act of Contrition

O my God, I am sorry for my sins. In choosing to sin, and failing to do good, I have sinned against you and your church. I firmly intend, with the help of your Son, to make up for my sins, and to love as I should. Amen.

Ten Commandments

1. I am the Lord, your God. You shall not have other God's before me.
2. You shall not take the name of the Lord God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

The Two Great Commandments

1. You shall love the Lord your God with all your heart with all your mind and with all your strength.
2. You shall love your neighbor as yourself.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He Ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Rite of Reconciliation

Bless me Father for I have sinned. My last confession was_____. My sins are_____.

I am sorry for these and all my sins.

Act of Contrition, Receive absolution

Penance

Priest: Give thanks to the Lord for He is good

You: His mercy endures forever.

How to Receive Communion

1. Be in a state of Grace.
2. Fast 1 hour before Mass.
3. Go to Mass.
4. Approach the Altar.
5. Receive the Body of Christ.
6. Receive the Blood of Christ.
7. Return to pew, kneel & pray.

Seven Sacraments

1. Baptism
2. Confirmation
3. Holy Eucharist
4. Reconciliation
5. Anointing of the Sick
6. Holy Orders
7. Matrimony

Four Evangelists

1. Matthew
2. Mark
3. Luke
4. John

Corporal Works of Mercy

1. To Feed the Hungry
2. To give drink to the thirsty
3. To Clothe the naked
4. To visit the imprisoned
5. To shelter the homeless
6. To visit the sick
7. To bury the dead

Spiritual Works of Mercy

1. To correct the sinner
2. To teach the ignorant
3. To counsel the doubtful
4. To comfort the sorrowful
5. To bear wrongs patiently
6. To forgive injury
7. To pray for the living and the dead.

Eight Beatitudes

1. Blest are the poor in spirit; the kingdom of God is theirs.
2. Blest are the sorrowing; they will be consoled.
3. Blest are the humble; they will inherit the land.
4. Blest are they who hunger and thirst for holiness; they will have their fill.
5. Blest are they who show mercy; mercy shall be theirs.
6. Blest are the pure in heart; for they shall see their God.
7. Blest are the peacemakers; they shall be called sons of God.
8. Blest are those who are persecuted for the sake of holiness; the kingdom of God is theirs.

Rosary Prayers/ Hail Holy Queen, Apostle's Creed and Fatima Prayer

Hail Holy Queen

Hail Holy Queen, Mother of mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we lift up sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, your eyes of mercy towards us and after this our exile, show onto us the blessed fruit of your womb, Jesus. O Clement, O loving, O sweet Virgin Mary. Amen

Apostle's Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Fatima Prayer

O, my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven especially those in most need of thy mercy. Amen.

Holy Days of Obligation

1. Christmas Day- December 25
2. Mary Mother of God- January 1
3. Assumption of Blessed Virgin Mary- August 15
4. All Saints Day- November 1
5. Immaculate Conception- December 8

Gifts of the Holy Spirit

1. Wisdom
2. Understanding
3. Right Judgment
4. Courage
5. Knowledge
6. Reverence/ Piety
7. Wonder & Awe/ Fear of the Lord

Precepts of the Church

1. Keep holy the day of the Lord's Resurrection by participating in Mass every Sunday and Holy Days of Obligation. Abstain from needless work.
2. Receive the Sacrament of Reconciliation regularly; a minimum of once per year.
3. Receive Holy Eucharist frequently at least once a year at Easter.
4. Do penance including abstaining from meat and fasting from food on the appointed days.
5. Strengthen and support the Church, one's own parish community, parish priest, the world wide church and the Pope.
6. Join the missionary spirit and apostolate of the Church.
7. Observe the marriage laws of the Church and give religious training through example and word to your children.

Abortion Prayer

Jesus, Mary and Joseph, I love you very much, I beg you to spare the life of the unborn baby I have spiritually adopted, who is in danger of abortion.

Theological Virtues

1. Faith
2. Hope
3. Charity

Cardinal Virtues

1. Prudence
2. Justice
3. Fortitude
4. Temperance

Seven Deadly Sins

1. Pride/Vanity
2. Envy
3. Gluttony
4. Lust
5. Anger/Wrath
6. Greed
7. Sloth